

M O D E O N E



# HARDCORE

THE DEFINITIVE GUIDE TO HAVING CASUAL SEX WITH  
WOMEN WHO DON'T NORMALLY HAVE CASUAL SEX

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*<http://www.modeone.net>*

## Introduction

Men ... you asked for it, so you got it. A number of those who read my previous Ebook and paperback, *Mode One: Let The Women Know What You're REALLY Thinking* enjoyed it, and expressed a lot of words of support and gratitude, and for that I am appreciative. Many men had two comments though:

*"Alan ... do you have an Ebook version that is shorter? More condensed?? That just covers the 'meaty' stuff??"*

and

*"I'm not looking for my next girlfriend or future wife. Honestly? I'm just looking to have casual sex with women. Are there any principles you have and/or suggestions you have that would result in the achievement of such an objective??"*

Like I said, you asked for it ... so you got it. Some of the principles of this Ebook are exactly the same as my previous Ebook, but some thoughts, ideas, principles, and philosophies are specifically geared more so towards a casual, no-strings attached, non-monogamous relationship rather than a long-term, emotionally profound, monogamous dating relationship.

Many critics and naysayers suggest that "God does not approve of casual, non-monogamous sex." Since when did God approve of premarital fornication commonly known as "boyfriend-girlfriend" sex, or sex while you're engaged?? Look in the Bible. Nowhere

will you see that. So you puritanical prude types and self-righteous sexual hypocrite types can just keep your thoughts to yourselves.

If you thoroughly enjoyed this Ebook after reading it, write me a note at "ModeOne\_Hardcore@modeone.net" letting me know your thoughts. I would surely appreciate it.

# **CHAPTER ONE**

## **Women Love To Exchange Orgasms Just As Much, If Not More, Than Men Do**

Various factions of the Media and the Entertainment Industry have fooled us into believing that men are the "hornier sex." Yeah, right. Women walk around showing off their breasts, cleavage and ass ... obvious signs that they want sexual attention ... but yet, men are perceived to be the "hornier gender??" Puhleaze. Spare me.

Women love to enjoy themselves sexually. Write that down. Women LOVE TO EXCHANGE ORGASMS. Women love experiencing sexual pleasure and orgasms just as much, if not more, than men do.

*"I rarely see women seeking out one-night stands..."* So. Would you want to eat good food ONE TIME? No. Women don't want good sex ONE TIME. Or even two times or three times. Women want good sex on a REGULAR BASIS. That's why many women don't care for one-night stands, weekend flings, or a few days and/or a few weeks of "just-for-fun" sex. Can you really blame them?

If something is enjoyable and pleasurable, we want it MONTHLY, WEEKLY, or DAILY. Hell, even hourly.

Don't ever make the mistake of confusing a woman's lack of interest in IRREGULAR or OCCASIONAL sex as a lack of interest in ENJOYABLE sex. The two are not even hardly synonymous.

Most, if not all women, are socialized by their parents, older relatives, and society in general to be "good girls" who should refrain from engaging in sex "just-for-fun." Men are not socialized in the same manner. Most men are practically ENCOURAGED to pursue casual sex. Women are brought up to believe that if they engage in sexual relations with a man outside the context of a "husband-wife" relationship or outside the context of a "boyfriend-girlfriend" relationship, that they will be perceived as a "slut" or a "whore."

The reality is though, women want to "get their freak on" just like men do. Women love it when you make them cum in a manner that makes them almost sing with moaning pleasure, and makes their legs, thighs and damn near their whole body quiver.

Trust me ... even when women are [publicly] giving you the impression that the idea of no-strings attached sex is totally unappealing to them, at least 50-60% of those women (if not more) are lying to you to maintain their "innocent, wholesome, semi-prudish" image.

Don't be fooled.

## **CHAPTER TWO**

### **The Power of Direct Eye Contact and the Quality & Tone of Your Voice**

Men ask me all of the time: *"Alan, I know you say in your book that verbal communication is important ... but what about non-verbal communication?? Isn't that important too in attracting and/or seducing women?"* Of course it is. I never say in my original Mode One book that it is not.

No form of non-verbal communication is more important than **confident, direct eye-contact**. I cannot even begin to emphasize to you the power in your EYES. You ever wonder why my "Mode One" logo emphasizes my eyes? Whenever you approach a woman, you should always look her DEAD INTO HER EYES in the most highly self-assured manner as possible. You communicate a lot of 'subtle, subconscious messages' with your eyes.

When you approach a woman, and look down at the floor, or frequently look slightly to the right side of her face, or slightly to the left side of her face, or slightly above her eyebrows or below her nose, that gives off hints of cowardice, fear, insecurities, and low self-esteem. **LOOK THAT WOMAN IN HER EYES.**

The quality and tone of your voice is important too. High pitched

voices, or voices with a lot of pauses and hesitations in them just don't work. Your voice should have sort of an "even" inflection to it. Almost like one of those voice-over artists who do those "hypnotic self-improvement" audio tapes. Everything about your voice should give a woman the impression that "I am very confident that you and I are going to hook up sexually in the near future."

Women love men who can sing. Why? Because they love listening to music, and a man with a nice voice. Get out a mini-tape recorder and record your voice, as if you're recording a voice mail greeting. How does your voice sound to you? If you can tweak it or improve upon it, do so.

How do you sound when you're "talking dirty" to a woman while having sex? I would bet your voice sounds very smooth and even. That's how you should sound when you're talking to a woman when you first meet them.

Next woman you approach, concentrate on looking directly into her eyes ... and speaking to her in a smooth, even-toned voice.

## **CHAPTER THREE**

### **Don't Concentrate on Results!! It's THE APPROACH That Matters**

Honestly, I'm not a big fan of many books and Ebooks that are sold in what is referred to as "The Online Seduction Community." 80-90% of them are bullshit and full of unsubstantiated hype.

You are never going to attract *every woman* you meet, or seduce *every woman* you meet. That is reality check principle #1.

You are never going to totally and consistently prevent *every woman you meet* from rejecting you. That is reality check principle #2.

You are never going to totally and completely prevent *every woman you meet* from having occasional "negative reactions" to something you do and/or say to them. That is reality check principle #3.

Any book you read that says otherwise is trying to seduce YOU (not women) into believing bullshit.

I don't care if you're Brad Pitt, George Clooney, Shemar Moore, or any other "handsome hunk" type. Somewhere, at some time, some woman is going to reject you, criticize some aspect of your

behavior, or at minimum, let you know that she wants nothing more than a platonic interaction with you. Get used to it.

When I approach a woman, **I really don't care about getting the results I want.** "Huh?!?," you say. To some, that doesn't make sense. It makes perfect sense to me. You can never allow yourself, or more specifically, your EGO, to become too attached to specific, desired responses, reactions, and/or results from women. I said that in my original version of "Mode One."

For me, **HOW I APPROACH A WOMAN is far more important to me than WHAT RESULTS I GET.**

Your approach to a woman ... particularly for casual sex ... has to be **bold** and **extremely self-assured**. No exceptions. You have to walk to a woman with the cocky attitude of, "I KNOW you want me to fuck you. I KNOW YOU DO." That should always be your underlying attitude and demeanor with women.

*"What if I have that cocky attitude, and I get rejected?" SO WHAT. I guarantee you .... that woman is going to tell all of her girlfriends, "I didn't have sex with that guy ... but DAMN! [your first name here] is so fucking confident! He approached me like he just KNEW I was going to have sex with him!!!" (Not a joke. Even women I never ended up sleeping with would tell their girlfriends about how "bold" I was in my approach. Guess what? Some of those girlfriend got CURIOUS)*

I can't say this enough: ALWAYS, ALWAYS, ALWAYS CONCENTRATE ON HOW YOU APPROACH WOMEN ... not the results from that approach. For the most part, a woman's reaction or response to your approach is OUT OF YOUR CONTROL. Only she has control over how she chooses to respond to you at that moment.

Remember ... if you read my original version ... NEVER BACK DOWN or APOLOGIZE for ANYTHING you said to a woman. I don't care how cocky it was, how straightforward it was, how sexually provocative it was, or how "socially inappropriate" she perceived your comment(s) to be. Don't ever back down, apologize, or become defensive in regards to anything you say to a woman.

If you do, you're dead meat. Seriously. You will lose all respect and credibility with a woman.

**IF YOU SAY SOMETHING BOLD ... STAND BY IT.** No matter how harshly she criticizes your comment(s).

Put this thought in the back of your mind ... consciously or subconsciously ... when you approach women: "Even if this woman rejects me ... I want my 'consolation prize' to be that she remembers me for how BOLD and HIGHLY SELF-ASSURED my approach was." That is an attitude I always maintain when I'm Mode One with women.

## **CHAPTER FOUR**

### **Going Out On “Dates” with Women is Ineffective and OUTDATED**

Asking a woman out on a "date" is complete and utter bullshit. Especially if your objective is simply casual sex. A complete waste of time and/or money. If you've recently asked a woman out on a date, STOP THAT SHIT RIGHT NOW. Seriously.

I've never had long-term sexual success with a woman who I went out on a number of dates with before having sex with them. **After** you have sex with them? Sure. Go ahead and take them out to a movie, or to dinner. I have no criticisms of that. But BEFORE you fuck them?? Oh, hell no. NEVER.

What does treating a woman to lunch really accomplish? I mean, really. Same with dinner-date, movie-date, concert-date, or any other "date." The vast majority of women I had casual, non-monogamous sex with I just met them, and eventually fucked them. No "dates."

When you first meet a woman, you should never offer to spend money on a woman in order to simply "get to know her," or to find out if she's interested in having sex with you. You're shooting yourself in the foot by engaging in that outdated, invalidly traditional bullshit ritual.

My attitude is, you approach a woman .... look her directly in the eyes .... and very confidently and straightforwardly let her know that you want to exchange orgasms with her at some point in the near future. Then, for all practical purposes, just **LEAVE HER ALONE**. "Huh?," you ask. That's right. **Just LEAVE HER ALONE**.

Once you let a woman know clearly and straightforwardly that you want to fuck her, there is really no need to say anything else to her until she says to you, *"Okay. Your place or mine?"* or something to that effect. Don't ever "sweat" a woman or "jock" a woman for sex (urban slang for being too aggressive and/or too persistent in your pursuit of sexual companionship).

You (approaching the woman, all the while looking into her eyes)

Her (waiting for you to say something while she's reciprocating your eye contact)

You (confidently in a smooth voice): *"Let's get together sometime in the next week or two...."*

Her (curious): *"I don't even know you."*

You (smirking): *"So."*

Her (perplexed): *"So ...."*

You (calm): *"I say one week from Friday."*

Her (curious): *"And just what would we do one week from Friday..."*

You (cocky): *"Exchange orgasms."*

Uh oh. Are you ready for the potential responses and reactions??  
You better be. This conversation is either going to become far more provocative ... or far more antagonistic and contentious.

Her: *"Excuse me?!?!?"*

You: ***"You're excused."***

Her: *"Oh my God ... I don't believe you just said that!!!!!"*

You: ***"Believe it. I said it."***

Her: *"I'm a respectable lady!!!"*

You: ***"I don't doubt that. I only approach women who are worthy of respect."***

Her: *"I'm not an easy whore!!!"*

You: ***"Which is exactly why I want us to get together..."***

Her: *"I don't just sleep with anyone!!!"*

You: *"Neither do I..."*

Her: *"I have to get to know a man before I have sex with him!!!"*

You (sarcastic): *"My favorite color is blue. Now, one week from Friday..."*

Her: *"You might be a stalker!! You might be crazy!!!"*

You: *"Then why are you still standing in front of me."*

Her: *"I'm not just a disposable piece of ass!!"*

You: *"I'm not just a disposable piece of dick."*

Her: *"I bet you talk like this to all women!"*

You: *"Right now, let's just concentrate on you and I ...."*

Here is an exercise for you: Try to think of every conceivable reaction a woman could give you that is critical, insulting, skeptical, or simply negative in response to you saying something really bold to her, and/or you saying something really sexually straightforward to her. Try to be creative, cocky, and egotistically

indifferent in your response to their responses.

Trust me ... if a woman is criticizing you ... but she's CONTINUING TO TALK TO YOU ... she's intrigued by you to one degree or another. 95-99.9% of the time, if a woman is genuinely not interested in you, she will abruptly end the conversation. Game over.

## **CHAPTER FIVE**

### **Harsh Criticisms and Opinionated Insults from Women is Nothing More Than a Test**

Following up the latter part of the previous chapter, when a woman goes to great lengths to criticize you, that doesn't necessarily mean that she's not interested in you. This usually means she's simply egotistically frustrated that you are not exhibiting "predictable," conventional, "socially appropriate" behavior towards her.

You see, most women are thoroughly prepared to respond to just about everything a man says to them. Especially if it is basic, flattering, or polite. On the other hand, most women are not prepared for blunt, cocky, straightforward honesty. That throws most women for a loop. And that's why they will unleash a barrage of criticisms against you. Deep-down, they don't really know what to say. You caught them off guard.

If you're attempting to seduce a woman into having casual sex, and it happens to be a woman who normally doesn't indulge in casual sex, then you have the added challenge on your hands of "breaking through" her societal brainwashing, her long-maintained belief system, and her overall 'social programming.' Exhibiting behavior that is "too basic" and/or "too conventional" won't accomplish this. You have to give this woman a psychological "jolt," so to speak.

Women like to "test" a man's sense of backbone. If they criticize you ... especially harshly ... and you back down or quickly apologize, you're letting a woman know what you really don't have any true BALLS. **You're "pretending" to have balls.** Women like a man who REALLY has BALLS. When I say something bold to a woman .... sexually provocative to a woman .... or something ultra-cocky to a woman ... I never, ever back down from it or apologize for it. Fuck that. I know what I want to say to women, I say it, and then I don't think twice about it. My attitude is, if a woman rejects me ... she just does. That is her **CHOICE**.

Again, women are socialized to present themselves as "good girls." They believe they will have a better chance of attracting a husband if they present themselves as an innocent, wholesome, semi-prudish, monogamous-minded "good girl." The reality is, that is bullshit. There are erotic strippers and even female porno stars who have boyfriends and husbands, while there are "sexually conservative" women who go to church every Sunday, or never use profanity, who have never been married, and have been single for three, five, or ten plus years.

You want a "good girl?" You can have them. Give me a freak. Not a straight-up "ho," but a kinky freak. I love women who have a sensuous, erotically uninhibited way about them

Many times I will approach a woman, and intentionally use X-rated language, or even XXX-rated language, JUST TO SEE

WHAT SORT OF RESPONSE I'M GOING TO GET. If a woman gets all "theatrical" and starts expressing herself like a phony, pretentious, self-righteous prude, that lets me know that I really don't need to be interacting with her in the first place. If she is sort of amused by it .... even if she doesn't use profanity and/or erotically explicit language herself ... that tells me something too. That this woman is cool, and down-to-earth. Just my type.

**Women who are highly manipulative HATE sexually straightforward behavior.** I mean, they hate it. Why? Because women can't manipulate you or mislead you when you are totally upfront, specific, and straightforward with your sexual intentions. You literally prevent them from misleading you, toying with your feelings and/or your ego, manipulating you, or just generally wasting your time (and money). If you approach a woman and say, "I want you to suck my dick at 10:00 PM next Friday night," how can a woman mislead you? How can she manipulate you? Either she does it ... or she doesn't. No in-between. No games.

But if you approach a woman like a chump, and politely ask her out on a "date," then that is when a woman can toy with you. Yes sir. BIG TIME. A woman can toy with you, mislead you, frustrate you, and just generally manipulate you and waste your time. That's why I don't like expressing my interests to women in a vague, ambiguous, overly general, and/or cautious manner. Because that is when a woman can "work her manipulative magic," and leave you feeling angry, frustrated, and bitter.

Women love to "test" men to see if they're manipulative "bait." Once a woman knows that she can get you to please her with your behavior, flatter her with your behavior, and accommodate her wants, needs, and spoiled preferences with your behavior, you're dead meat. **Don't fail the test.** Always concentrate on getting her to open those legs for you. Challenge that "good girl" brainwashing.

## **CHAPTER SIX**

### **Quit Trying to “Impress” Women and Simply Concentrate on Having Sex**

Take all of that B.S. brainwashing you've received from your mother, aunts, sisters, school teachers, church leaders, and society in general, and just delete it from your mindset. All that "you should be a 'nice guy' and a 'gentleman' with women" crap.

Women are not attracted to "nice guys." Period. *"Does that mean they like 'jerks' and 'assholes'?"* Not necessarily. You don't need to intentionally attempt to behave like a "jerk" or an "asshole" in order to attract women. **You just need to truly be yourself.** Even if being your true self means that you will be perceived by some women as “shallow” and/or “superficial.”

Is wanting to get laid, outside the context of a relationship, "shallow?" Many women would argue "yes." I argue "no." Do people call wanting to get a job solely for a paycheck "shallow?" Nope. They call that EARNING A LIVING. Do people call going to a restaurant specifically to fill up your stomach "shallow?" Nope. They call that EATING and PROVIDING YOUR BODY WITH NUTRIENTS. Do people call women who want to marry men who make six or seven figures "shallow?" Most of the time, no. They call that simply "marrying up."

My attitude is, if you want to fuck a woman just for the sake of fucking her, do it. As long as you're **upfront** and **straightforwardly honest** about your desires, interests, and intentions ... and you don't have any STDs to be transmitted to her .... and you're not looking to rape her, physically abuse her, or blatantly disrespect her or mislead her in any sort of way .... then I say "go for it."

**Men and women need to exchange orgasms.** Start a war or exchange orgasms? The latter. Rob a bank or exchange orgasms? The latter. Vandalize someone else's property or exchange orgasms? The latter. Sit around bored and jacking off to porno movies or exchange orgasms?? The latter.

Want a one-night stand? Tell that woman. She'll either reciprocate or reject you. So what. Weekend fling? Tell that woman. She'll either reciprocate or reject you. So what. "Friends with Benefits" relationship? Tell that woman. She'll either reciprocate or reject you. So what. Threesome with a woman and one of her girlfriends? What do you have to lose? Tell her. She'll either reciprocate or reject you. So what.

I don't encourage any man to pursue another man's girlfriend, fiancée, or wife for sexual companionship. If you're bold enough to do that, more power to you. But if you get stabbed or shot, don't look at me. I told you not to do that stupid shit. I only pursue single, unattached women. Similarly, be careful (i.e., use condoms

unless you know for a 100% fact that your future sex partner is sexually healthy, and doesn't have a history of STDs).

"Don't people frown upon the pursuit of casual sex?" Of course some people do. I told you. Most women don't like irregular companionship. That is frustrating to them. Some men even don't like it, because they don't want their sisters, mothers, or daughters getting fucked doggy-style in the back of some guy's car. Men are sexually hypocritical like that. They want to fuck YOUR SISTER, but they don't want you fucking THEIR SISTER. Same with daughters and mothers.

It's your life. Do what you want to do. Again, as long as you're being **UPFRONT, SPECIFIC, and STRAIGHTFORWARDLY HONEST** about your sexual desires, interests, and intentions, then go for it.

*"Isn't it highly likely that 'classy' women ... educated women ... or professional, conservative women will reject you quickly if you express an interest in just casual sex? Don't you have to at least give them the [misleading] impression that you want a long-term, monogamous relationship with them??"*

Anyone who knows me knows that I am not down for misleading women and/or manipulating a woman into my bed. Forget that. Not only is it unethical, it's UNNECESSARY. There are plenty of women who are attractive, college-educated, self-sufficient,

professional, and even "conservative" (at least in public) that will have casual sex with you. Seriously. I've experienced this a NUMBER OF TIMES. Again, you just have to challenge their brainwashing and social programming. Prove to them that not everything they were led to believe is valid.

What's the secret with women like this? You have to **test their boundaries**. Again, you can't be 'basic' or 'conventional' in your conversation with them. **You have to push the envelope**. You have to. ***You have to talk about sex in a way that makes them feel a wee bit uneasy and uncomfortable.*** *"I thought the idea was to make a woman feel relaxed and comfortable in your presence?"* No sir. That my friend is overrated. I like to make a woman feel a tad bit "uncomfortable" when I'm talking about exchanging orgasms. Why? Because that let's me know that she's not accustomed to this sort of conversation, and that I'm leading her into "new territory."

Talk about doing things sexually that you pretty much know she's never done before. Threesomes. Making out with another woman. Videotaped sex. Etc. That's what I do. And sure enough, usually ... at some point (days later, weeks later, months later), I end up converting that former "good girl" into my new personal, kinky freak. I allow her to unleash her most kinky thoughts and desires. All women have an "Inner Freak" inside WAITING TO GET OUT, but it's temporarily "locked up." **You need to be the man who has the "key" to unleash that lock.**

*"Won't I get slapped if I'm too 'X-rated' with a woman in a nightclub or public place?"* I've never been slapped by a woman for being "too XXX-rated." But then again, I rarely hit on women in nightclubs. Nightclubs are not good places to hit on women. Seriously. Most of the women who go to nightclubs and bar/restaurants go to show off their health-club produced figures, their new outfits, and generally just soak up flattering attention from men. The only time I go to nightclubs is to hang out with male friends of mine.

In my opinion, the best public venues to hit on women are bookstores, libraries, and grocery stores. I love those places. I've had great success at all three. Even a health & fitness club or post office is better than a nightclub and/or a bar/restaurant. The latter two places primarily attract Attention Whores and Cock Teasers. I have no desire to interact with any women in those categories.

There is a difference between treating a woman like a "kinky freak," and treating a woman like a "piece of ass" or a "two-bit whore." No woman likes the latter. Most women though will respond to the former. To treat a woman like a 'freak' means you're acknowledging that she's kinky, but you still respect her as a woman. To treat a woman like a 'whore' means you want to just shoot your cum on her face, and never, ever call her again or speak to her again afterwards. Not too many women are down for that. Remember that.

## **CHAPTER SEVEN**

### **Sexual Companionship: WANT it, But DON'T NEED it.**

Here are Alan Roger Currie's final Top Ten Keys to seducing women into casual sex:

- 1) Do some sort of exercise every day, or every other day. Jogging, push-ups, pull-ups, sit-ups/crunches, etc. You want to always look reasonably healthy and athletic.
  
- 2) When you approach women, look them DIRECTLY INTO THEIR EYES. Don't look away.
  
- 3) Speak in the same voice that you would if you were "talking dirty" to them while you were fucking them. Calm, confident, smooth, and seductive.
  
- 4) Express your desire to have sex with a woman in a highly self-assured, upfront, and straightforwardly honest manner ... and make no apologies for doing so.
  
- 5) Don't be scared to be sexually provocative and/or "X-rated" in your language. If she responds very negatively and/or prudishly, more-than-likely, you don't really need to hook up with that woman anyway (at least, not for casual sex).

6) Keep flattery and compliments to a **bare minimum**. Similarly, keep trivial "fluff talk" and/or "small talk" to a **bare minimum**. Nothing diminishes your "seductive influence" over a woman like too much flattery and/or too much unnecessary 'small talk.'

7) Always be prepared to respond to a woman's criticisms and "negative reactions." Think of anything they might say in response to something you say ahead-of-time, and write it down. Then use your ready-made responses when the time comes.

8) **Don't ever back down and/or apologize for saying something to a woman that was bold, cocky, or X-rated. THIS IS CRUCIAL.**

9) As much as possible, avoid talking to women when they have two or more girlfriends with them. Only talk to them one-on-one, or at most, with one other girlfriend around. Avoid hitting on women at nightclubs and bar / restaurants as much as possible.

10) **Most important key of all:** Don't ever allow yourself to NEED pussy. Only allow yourself to WANT IT. **When you NEED pussy, you won't GET PUSSY.** Women rarely will have sex ... and especially casual sex ... with a guy who comes across as 'desperate' and/or 'needy.'

Offering to "wine & dine" women is "needy." Excessively flattering women is "needy." Calling a woman repeatedly when she hasn't returned your first call is "needy." Allowing a woman to treat you in a disrespectful and/or undesirable manner is "needy."

**DON'T EVER ALLOW YOURSELF TO NEED SEXUAL COMPANIONSHIP. WANT IT ... BUT DON'T NEED IT.**

The biggest thing that most guys don't get about rejection is that quick rejection is always to your advantage. **ALWAYS.** Why? It prevents a woman from misleading you, manipulating you, "stringing you along," and getting favors out of you without getting the pussy first. Remember: Rejection ... and specifically, quick rejection ... is "win-win." **Why?** Because if a woman rejects you [quickly], and she's genuinely not interested in you, then she is preventing you from wasting time and money pursuing her attention and companionship for nothing. **WIN.** If a woman is 'pretending' not to be interested in you, then at some point in the future ... days later, weeks later, months later ... that woman is going to seek out your attention again. **WIN.**

One thing I know about *highly manipulative women*: They never like to reject a guy **too quickly**. They want you to spend money on them, flatter them, engage in hours of entertaining small talk with them, and/or perform out-of-the-way 'favors' for them **FIRST** before rejecting you. Remember that.

## **CLOSING COMMENTS**

Let loose of your inhibitions towards casual sex. Sex is sex. Orgasms are orgasms. Most "boyfriend-girlfriend" relationships are bullshit anyway. If you're not married, the relationship is not legally monogamous .... or even sanctioned by God. Only married relationships meet the approval of God in the Bible. As far as I'm concerned, most "boyfriend-girlfriend" relationships are simply a variation of a long-term casual sex relationship anyway.

You want to exchange orgasms with a woman? Tell her. Walk up to her ... look her directly in the eyes ... maintain a calm, smooth, confident quality & tone of voice .... and just let her know in your own unique way that you want to fuck her silly. If she's down, cool. If casual sex is not her cup of tea, that's her choice. If she's just not attracted to you .... you have to respect that.

But don't allow fear of rejection or fear of criticism to get the best of you. And please ... again ... don't 'sweat' a woman, 'jock' a woman, or go out of your way to try to "impress" her. Just concentrate on getting in bed with her. Nothing else. **Nothing else.** Concentrate on sliding that hard dick of yours in her tight, wet pussy. That is it.

Who knows. You might like her sexual companionship so much, that you might get to a point where you won't want to fuck any

other woman anymore. She might become your next exclusive girlfriend or even your future wife. But right now? **Just concentrate on letting her know you want to fuck her in the most highly self-assured, upfront, specific, and straightforward manner as possible.**

Again, be **sexually safe** and **responsible**. Condoms are a good thing. Don't physically or emotionally abuse women. Just be honest, straightforward and real. Don't mislead or manipulate them, or try to get them drunk or put ecstasy "date rape" pills in their food or drink. Have the balls to express your desires like a REAL MAN. Don't sexually harass co-workers, colleagues, or clients. Keep your interactions on the social tip.

**Good luck my friend.**

**Alan**

Comments? Feedback? Compliments? Criticisms/Disagreements?

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